



# EAST TROY

COMMUNITY SCHOOL DISTRICT

Committed to the Growth & Success of Each Student, Each Year

## SEVERE NON-FOOD ALLERGIES EMERGENCY CARE PLAN

### SCHOOL INFORMATION

- |  |   |  |  |
|--|---|--|--|
| <input type="radio"/> Little Prairie Primary School<br>2109 Townline Rd, East Troy<br>P: 262-642-6730, F: 262-642-2724 | <input type="radio"/> Prairie View Elementary School<br>2131 Townline Rd, East Troy<br>P: 262-642-6720, F: 262-642-6788 | <input type="radio"/> East Troy Middle School<br>3143 Graydon Ave, East Troy<br>P: 262-642-6740, F: 262-642-6743 | <input type="radio"/> East Troy High School<br>3128 Graydon Ave, East Troy<br>P: 262-642-6760, F: 262-642-6776 |
|--|---|--|--|

### STUDENT INFORMATION

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Gr: \_\_\_\_\_ Sex:  M  F

Parent's Name: \_\_\_\_\_ Home #: \_\_\_\_\_ Cell #: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

Physician's Address: \_\_\_\_\_ City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

### ALLERGY INFORMATION

Date of Last Reaction: \_\_\_\_\_ Symptoms Seen: \_\_\_\_\_

Bee/Wasp/Insect Sting  Environment: \_\_\_\_\_  Other: \_\_\_\_\_

If s/he is exposed to this allergen listed above and show any of the following symptoms:

- Difficulty breathing or wheezing
- Swelling of the lips, tongue, or throat
- Change in voice quality (hoarseness, high pitch, coughing)
- Raised rash (hives) which may progress to areas away from the site of a sting (if caused by bee/wasp sting)

### TREATMENT

Epinephrine- Inject intramuscularly:  Epi-Pen®  Epi-Pen Jr®  Other: \_\_\_\_\_

Epinephrine device must be readily accessible at all times:  with student  in office

Antihistamine (list med/dose/route): \_\_\_\_\_

Other (list med./dose/route): \_\_\_\_\_

#### Instructions for EpiPen

- Remove cap and grasp autoinjector firmly in your fist, with the tip pointing down.
- Remove the safety release (gray on EpiPen, green on Twinject).
- Jab autoinjector into outer thigh. (Both of these medications work through clothing.) Hold autoinjector in position for 10 seconds to deliver medication.
- Ensure that medication was delivered properly. EpiPen should "click" when medication is released and display a red window, while an exposed needle on the red tip of the Twinject indicates that the autoinjector has worked properly. If medication was not delivered in the first jab, repeat step 3.
- Massage thigh at the injection site for about 10 seconds.

### STEPS AFTER EMERGENCY MEDICATION WAS GIVEN

- Call emergency services for help. State that an allergic reaction has been treated and additional epinephrine may be needed.
- Make a copy of the student's emergency info for emergency personnel. Mark on copy: "Epi-pen given at (time)" or "Epi-pen Jr. given at (time)"
- Treat student for shock until rescue squad arrives:
  - Elevate legs above the level of the heart
  - Keep warm
  - Provide rescue breathing or CPR as needed
- Notify parent/guardian, physician and school district nurse.
- If you have a second dose on hand (as with Twinject), get it ready: some reactions require multiple doses of epinephrine. To ready the second dose of Twinject, remove the rounded tip, pull up the blue plastic to remove the syringe, and remove the yellow safety collar. Inject medicine in the outer thigh as above. Be careful to avoid needle pricks when you remove the rounded tip and when you work with the syringe.

Even if parent/guardian cannot be reached, do not hesitate to medicate or take child to medical facility!

### SIGNATURES

Physician's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

This student may carry and self-administer this medication.

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_